

SKI MOUNTAINEERING

Specific rules and recommendations for practicing ski mountaineering in mountain resorts

December 2025 Edition



The authorization and conditions required to practice ski mountaineering in the area of a mountain station depend exclusively on each operating company and are regulated in the internal regulations of each station, as provided for by Law 21-2022, of June 9th, of mountain stations.

The operating company requires that the person who practices ski mountaineering be in possession of a pass to carry out the activity in regulated activity areas of the resort.



www.skiandorra.ad

www.fam.ad

SKI MOUNTAINEERING IN SKIABLE AREAS

The number of ski mountaineering participants in regulated activity areas of mountain resorts has increased in recent years. Although it is a fascinating and healthy sport, ski mountaineering can also cause potential risks and conflicts on the slopes if it is not practiced in a conscious, prudent and orderly manner.

Like any other user of the slopes, ski mountaineering participants are subject to the internal regulations of the mountain resorts.

This brochure provides information on the main rules that ski mountaineering participants must comply with in the resorts, but it does not replace the internal regulations of each one of them (which must be known and respected).

For this purpose, the brochure specifies itineraries and slopes of the mountain resorts where ski mountaineering can be practiced safely, as well as the hours established within and outside the resort's open hours to the public.



For updates on this information, consult the internal regulations of the mountain resorts a:

www.grandvalira.com www.ordinoarcalis.com www.palarinsal.com www.naturland.ad

MAIN RULES FOR SKI MOUNTAINEERING IN MOUNTAIN STATIONS

In addition to other more restrictive regulations that the operating entity may dictate, the practice of ski mountaineering must take into account, at minimum, the following considerations:

1. In areas of regulated activity, its practice is allowed only on the itineraries or on the ski slopes and at the times provided by the operating entity.
2. Dogs are forbidden.
3. In the direction of ascent, and if the itinerary is along a ski slope, the user must go up one side of the slope, avoiding the skiers who are going down at all times. If users go up in a group, they must do so in single file.
4. At night, the user must go down at a moderate speed, equipped with a headlamp that generates a luminous flux of at least 300 lumens and using reflective accessories.
5. Downward:
 - ☀ By day; if the user goes down a ski slope, he is subject to the rules of conduct established by the International Ski Federation
 - 🌙 At night, if the user goes down a ski slope, they must always do so along one of the sides of the slope so as not to damage and respect the work of the snow groomers.
6. If you circulate through areas of regulated activity, the passage will be made exclusively through the zones established by the operating company and respecting the conditions required by the internal regulations of the station.
7. If ski mountaineering is practiced in non-regulated areas of activity, the station is not responsible for the safety or rescue of the ski mountaineering participant, and does not carry out conditioning or protection actions in those areas.

The practice of ski mountaineering must be carried out in compliance with the safety conditions, the recommendations as well as the instructions of the accredited personnel and the schedules indicated by the internal regulations of each station. The itineraries and authorized slopes in each station must be consulted before starting the practice of ski mountaineering.

Remember, you are responsible for your own safety and the correct use of your equipment.

It is advisable to consult meteorology reports and risk of avalanches.



PRACTICE SKI MOUNTAINEERING IN AREAS OF REGULATED ACTIVITY

In the areas of regulated activity by the resorts, the practice of ski mountaineering is allowed exclusively on the itineraries or ski slopes and during the hours provided by the operating company (indicated in the internal regulations of each resort), and which are the following:

GRANDVALIRA

PAS DE LA CASA Sector

🕒 From 7 a.m. to 5.30 p.m.:

Initiation level circuit: Antenes

Intermediate level: Isards

🕒 From 5.30 p.m. to 8. p.m.:

Intermediate level circuit: Directa

GRAU ROIG Sector

🕒 From 7 a.m. to 5.30 p.m.:

Intermediate level circuit: Moretó, Pessons,

Montmalús, Llac de Cubil, Cortals. / Advanced

level circuit: Circ Envalira, Variant Pic Blanc

PERETOL Sector

🕒 From 7 a.m. to 5.30 p.m.:

Initiation level circuit: Peretol

SOLDEU Sector

🕒 From 9 a.m. to 5 p.m.:

Circuits: Bosc de Soldeu, Solana del Forn, Dels cepes.

🕒 From 5 p.m. to 10 p.m.:

Access via Soldeu: Platform --> Bosc Fosc -->

Os --> Duc --> Cap de Llosada

EL TARTER Sector

🕒 From 9 a.m. to 5 p.m.:

Circuits: Obac, Collart, Avetar

🕒 From 5 p.m. to 10 p.m.:

Acces via Tarter: Gall de Bosc --> Soldeu

(platform) --> Bosc Fosc --> Os --> Duc -->

Cap de Llosada

CANILLO Sector

🕒 From 9 a.m. to 5 p.m.:

Circuit: Cap de Rep, Maians

PAL ARINSAL

PAL Sector

🕒 From 9 a.m. to 5 p.m.:

Ascend via circuits, descend via ski slopes.

Circuits: Verdet, Plat de la Cot, Serra inferior (*),

Serra superior (*), Coll de la Botella, Setúria.

(*) Ski mountaineering circuit, not via ski slope.

🕒 From 5 p.m. to 10 p.m.:

Ascend and descend via ski slope. / Circuits:

Beç, Planell, Serra inferior, Serra Superior

ARINSAL Sector

🕒 From 9 a.m. to 5 p.m.:

Ascend via circuits, descend via ski slopes.

Circuits: La Sabina, La Tossa

🕒 From 5 p.m. to 10 p.m.:

Ascend and descend via ski slope. / Circuits:

Marrades, Cortal, Fonts, La Solana, Port Vell

ORDINO ARCALIS

🕒 From 7 a.m. to 5.30.p.m.:

Initiation level circuit: La Coma / Intermediate

level circuit: Les Portelles / Advanced level

circuit: Hortell, Peyreguills.

🕒 From 5.30 p.m. to 8 p.m.:

Advanced level circuit: Hortell (uphill) and

l'Estadi red slope (downhill).

NATURLAND

🕒 From 9 a.m. to 5 p.m.:

According to the itineraries indicated by the station

Outside of the hours specified above, the practice of ski mountaineering is prohibited in areas of regulated activity by the resorts.

During the execution of artificial or controlled avalanche triggering plans, ski mountaineering is strictly prohibited throughout the entire zone.